



# Hypertension Conclave 2025

Measure...Monitor...Manage

In association with API-Karnataka Chapter

On World  
**Hypertension**  
Day

To. \_\_\_\_\_



17<sup>th</sup> May 2025, Saturday



18:00 PM Onwards



API Bhavana, Vasanthanagar, Bengaluru





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## WORLD HYPERTENSION DAY



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API Bhavana, Vasanthanagar, Bengaluru

**Course Director:** Dr. Nagaraj Desai

**Co Course Directors:** Dr. Suresh Sagarad, Dr. Sangram Biradar & Dr. Prabhavathi

### AGENDA

5:30 - 6:00 PM	High Tea		
6:00 - 6:50 PM	Medicine PG Quiz	<b>Quiz Master-</b> Dr. B V Muruli Mohan	<b>Adjudicator-</b> Dr. Vishwanath Krishnamurthy
6:50 - 7:00 PM	Welcome & Inauguration – Hypertension Conclave - 2025		API – KC Dignitaries Course Directors, Co Course Directors & Ipca
<b>7:00 - 8:00 PM</b>	<b>Session 1</b>	<b>Speaker</b>	<b>Chairperson</b>
7:00 - 7:15 PM	BP Measurement & Evaluation of Hypertension: Taking the BP Measurement out of Physician's Chamber	Dr. Shivashankara	Dr. Sangram Biradar Dr. Mahalingappa B
7:15 - 7:30 PM	Diagnosing Endocrine Hypertension: Case based learning	Dr. Pramila Kalra	Dr. Ravikeerthy M Dr. Krishna M V
7:30 - 7:45 PM	Cardiovascular Assessment in hypertension: Initial, periodic, & dovetailing it in the management of hypertension	Dr. Nagamani AC	Dr. Natesh B H Dr. Suresh K G
7:45 - 8:00 PM	Q&A		
<b>8:00 - 9:00 PM</b>	<b>Session 2</b>		
8:00 - 8:15 PM	Diuretics: Choices & Challenges: Optimizing their use in a hypertensive patient	Dr. Kiron Varghese	Dr. Suresh V Sagarad Dr. Channaraya V
8:15 - 8:30 PM	Resistant Hypertension - High Blood Pressure That's Hard To Treat	Dr. Prabhakar C Koregol	Dr. K M Suryanarayana Dr. Ravi K
8:30 - 8:45 PM	Role of Renal Denervation in Hypertension: A critical appraisal & my approach	Dr. Sreedhara G	Dr. Prabhavathi Dr. Nagaraja B S
<b>8:45 - 9:00 PM</b>	<b>Panel Discussion</b>		
	How do I treat a patient with a BP of 160/100: Questions I need to answer!	Dr. L Sreenivasamurthy, Dr. B V Murali Mohan, Dr. Vishwanath Krishnamurthy, Dr. Prashant G Kedlaya, Dr. Prabhavathi, Dr. K M Suryanarayana,	Dr. Nagaraj Desai & Dr. Suresh Sagarad
9:00 PM	Vote of Thanks	Dr. M Mohan Kumar	
	Dinner		





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### COURSE DIRECTOR

#### Prof. Nagaraj Desai

Senior Cardiologist, Director Namana Medical Centre Bengaluru,  
Adjunct Professor, JSS Academy of Higher Education & Research, Mysuru,  
Former Director, Prof & Head Dept of Cardiology, MSR Medical College & Hospitals, Bengaluru

### CO COURSE DIRECTOR

#### Dr. Suresh V Sagarad

Senior Cardiologist Raichur,  
API- KC Chairman

#### Dr. Prabhavathi

Professor of Cardiology, Sri Jayadeva Institute of  
Cardiovascular Sciences & Research, Bengaluru

#### Dr. Sangram Biradar

Senior Physician Gulbarga,  
Governing Body Member - API

### RESOURCE FACULTY

#### Dr. Kiron Varghese

Professor of Cardiology  
St. John's Medical College Hospital  
Bengaluru

#### Dr. Nagamani A C

Professor of Cardiology,  
Sri Jayadeva Institute of Cardiovascular  
Sciences & Research, Bengaluru

#### Dr. Pramila Kalra

Professor & Head of Endocrinology,  
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& Hospital, Bengaluru

#### Dr. Prabhakar C Koregol

Senior Consultant Interventional  
Cardiologist, Fortis Hospital,  
Bengaluru

#### Prof. L Sreenivasamurthy

Senior Consultant  
Diabetologist, Bengaluru,  
Central Governing Body Member - API

#### Dr. Sreedhara G

Consultant Cardiologist &  
Cardiac Electrophysiologist,  
Manipal Hospitals, Bengaluru

#### Dr. B V Murali Mohan

Senior Consultant Pulmonologist, Narayana  
Hrudayalaya-Mazumdar, Shaw Medical  
Centre Bengaluru & Past Chairman API - KC

#### Dr. Shivashankara

Professor of Medicine &  
HOU KMC Manipal,  
Chairman API Udupi - Manipal Chapter

#### Dr. Ravikeerthy M

Hon. Secretary,  
SZ & SMZ API,  
GB Membar API India

#### Dr. Suresh K G

Consultant Physician,  
Manipal Hospitals Bengaluru,  
Vice Chairman API - KC

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Professor of Endocrinology,  
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Senior Consultant Physician, Raichur  
Chairman Elect,  
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#### Dr. Krishna M V

Prof & Head of Medicine,  
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#### Dr. Nagaraja B S

Prof & Head of Medicine  
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#### Dr. Channaraya V

Professor of Medicine,  
Sapthagiri Institute of Medical  
Sciences & Research Centre

#### Dr. Vishwanath Krishnamurthy

Professor of Medicine,  
MS Ramaiah Medical College Hospital,  
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